

## **WEBPAGE DRAFT**

### **Celebrating Excellence in Health Care**

We're proud to share that Josett Alfano, MSPT, CLT, our dedicated lymphedema physical therapist, has been named a 2026 Buffalo Business First Excellence in Health Care Award winner.

This recognition honors health care professionals across Western New York who make a meaningful difference in their workplace and community every day.

**\*Insert Josett photo here on webpage\***

With 13 years of experience treating lymphedema and leading an oncology support group, Josett combines clinical expertise with a deep understanding of the patient journey. Her work goes beyond treatment — she provides guidance, empathy, and support to patients navigating complex and often life-changing diagnoses.

Outside of her professional role, Josett is married and a proud mother of two adult children. She enjoys cooking, traveling, and immersing herself in new experiences. Her life is rooted in family, community, and a passion for learning and sharing with others — values that shine through in the care she provides every day.

Please join us in congratulating Josett on this well-deserved honor! Congratulations also to the other local providers who were recognized in this year's list: The full Buffalo Business First article can be viewed [here](#).